



Winter 2019

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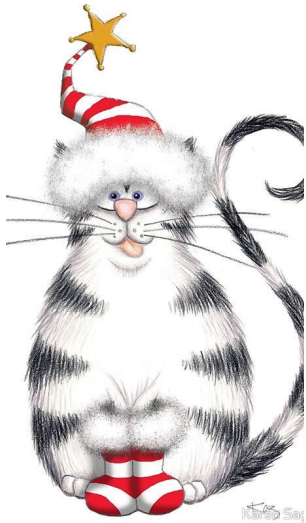
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FatKatzAbq

P.O. Box 90394

ABQ, NM 87199-0394

**See pg. 2  
for our  
available cats  
for adoption!**



F.A.T. KATZ is a registered

501(c)(3) non-profit.

Your donations are tax-deductible  
to the fullest extent of the law.

# The Scratching Post

## 'Twas the night before.....

'Twas the night before Christmas when all through the house, Jen was watching a movie that night with her spouse.

The glow from the tv emitted a glare, while the smell of popcorn lingered in the air.

The cats were nestled all snug in their beds, while visions of cat toys danced in their heads.

With Tom in his jammies and a cat in his lap, Jen's phone started to ring and she thought, "who is that?"

At VCA Vet Care there arose such a clatter, Jen picked up her phone and said "what is the matter?"

Away to the vet's office she flew like a flash, thankfully from her house, it's really just a dash.

While the moon in the sky gave off a great glow, Jen was on her way to VCA with a cat carrier in tow.

When what to her wondering eyes should appear, but a dog running loose who she cried to "come here."

She saved the stray dog, so lively and quick, Jen got into the truck and the dog gave her a lick.

Jen arrived at the vet's, they were so glad that she came, for who did she meet, a kitten to rescue in need of a name.

Was he Dasher, Dancer, Prancer or Alvin, Comet, Cupid, no, that's him, it's Scott Calvin!

His leg had been broken, they couldn't fix it at all, he would need amputation so they gave F.A.T. Katz a call.

They gave him pain meds so that he wouldn't cry, and he came home with Jen without batting an eye.

But what of the stray dog that Jen brought in too? Well, we found her home, and her mom said, "THANK YOU!"

When Jen got Scott home she saw there was proof, that his leg was hurt badly but when healed he'd be a goof.

She gave him good food, love and meds without a sound, in the hopes with his surgery he soon would rebound.

When the day came they removed from his hip to his foot, and for a few weeks, he had to stay put.

He had toys to play, always wanted a snack, but had to take it easy until the vet's he went back.

In his condo he stayed but he wasn't quite merry, to the playpen he went until mid-January.

To VCA Wyoming he went with his face all aglow, as his stitches came out he was ready to go.

As Scott shifted to life with no rear leg with ease, he found that he adored his new friendship with Squeeze (aka Caesar).

He tired easily and liked food in his belly, and we found out then that he wanted some Fratelli (brothers).

He wanted to run, to play and to jump, but each time he tried, he just fell on his rump.

With a wink of his eye and a twist of his head, soon gave me to know, I had nothing to dread.

He looked around and gave me a smirk, and showed us all then, his fancy footwork.

Poor little Scott, with an itch that arose, he couldn't quite reach it because he had no toes.

He ran through the house like a guided missile, then sprang to his scratcher which was covered in sisal.

Scott Calvin was saved, thus ending his plight. His story is now happy, so to all a good night!

-Cont. page 3





# Homes Needed!

## The Scratching Post



**Rashi**  
**Espresso**  
**Earl Grey**  
**Seni**



**Kyo**  
**Althea**



**Zorro**



**Steel**  
**Chrome**



**Geppetto**



**Null**



**Vangie**  
**Clyde**



**Quake**  
**Drax**  
**Jarvis**



**Maverick**  
**Casanova**  
**Tyrion**



**Chandler**  
**Ross**  
**Joey**  
**Rachel**



**Dante**



**Bacchus**  
**Dr. Atomic**  
**Rossini**



**Spanky**

***All of our cats are spayed/neutered, current on vaccines and are tested negative for Feline Leukemia (FeLV) and Feline Immunodeficiency Virus (FIV) prior to adoption!***

***Visit our adoptable kitties at our adoption center at PetSmart, 2100 Louisiana NE, weekly. Saturdays 11:30am-5:00pm & Sundays 12-4pm.***

***Ask us about our adoption fee specials!***



### Low-Cost Spay/Neuter

An un-spayed female cat, her mate and all of their offspring, producing two litters per year, with 2.8 surviving kittens per litter can total:

One Year: 12

Two Years: 67

Three Years: 376

Four Years: 2,107

Five Years: 11,801

Six Years: 66,088

Seven Years: 370,092

Eight Years: 2,072,514

Nine Years: 11,606,077

Through our low-cost spay/neuter program, we will help you obtain the surgery at a fraction of the regular cost. We have no income requirements, so this program is available to everyone and their cats!

Please call 505-293-2830 or email [FatKatzAbq@gmail.com](mailto:FatKatzAbq@gmail.com) if interested.

### Year-Round Recycling Program

You can support the cats all year and help the planet by recycling your cartridges and small electronic gadgets and buying recycled cartridges. Email or call us, [FatKatzAbq@gmail.com](mailto:FatKatzAbq@gmail.com), 505-293-2830 or visit our page below to see how it works!

[www.PlanetGreenRecycle.com/FatKatzAbq](http://www.PlanetGreenRecycle.com/FatKatzAbq)

**Recycle**

Recycle Empty  
Inkjet Cartridges,  
Cell Phones &  
Small Electronics



**Buy  
Recycled**

Buy High-Quality  
Remanufactured  
Inkjet Cartridges

#### When you recycle...

We receive funds from Planet Green for collecting and sending in these recyclables!

#### When you buy recycled...

~We receive a 15% donation of every inkjet cartridge you purchase

~You save up to 70% buying high quality remanufactured inkjet cartridges vs. the original brand

~Buying remanufactured inkjets reduces landfill which makes the environment greener

~Support an American remanufacturer who is here to stay



### 'Twas The Night Before..... Cont. from pg. 1

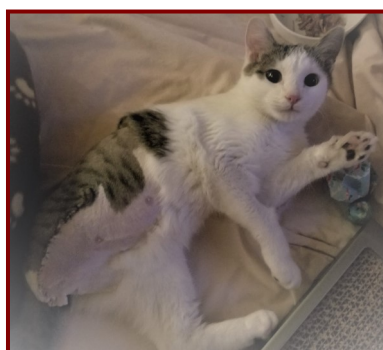
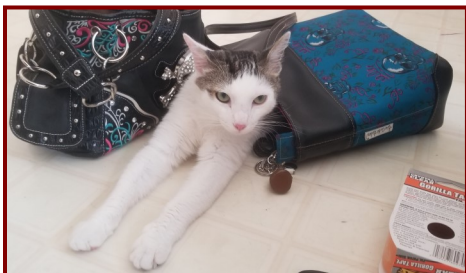
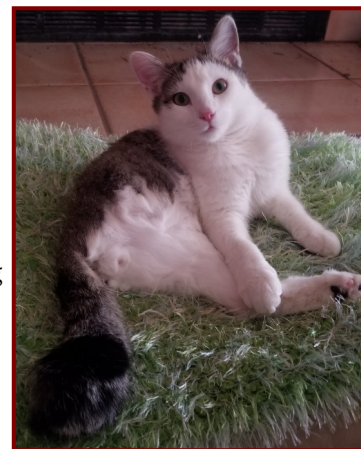
We hope you enjoyed the silly story of Scott Calvin. We had fun writing it!

His real story in "layman's terms" is: nearing midnight on Christmas Eve, "Tandy" was brought into VCA Vet Care with a severely broken leg. The owners brought him in, had stepped on him and couldn't afford his surgery so he was going to be euthanized. Well, the veterinarians and vet techs realized that they couldn't do that to an otherwise healthy six month old kitten, so they reached out to F.A.T. Katz to ask if we would take him. We immediately said yes and now they had to convince the owners to surrender him to rescue. They finally did and off Jen "flew" to pick him up. The movie she and her spouse were watching that night was The Santa Clause. The main character's name was Scott Calvin so instead of "Tandy" he became Scott, aka Scotty, Scotty Calvin, Mr. Calvin, Calvin, Calvinator, NatorAtor, Mr. C, Scott Calvin or Sinclair.

He was in a lot of pain but wanted love and attention. We had to limit his activity until surgery could be performed so he was relegated to a condo. VCA Wyoming got him on the schedule as soon as possible and he went in for leg amputation and neuter that same day. He pulled through like a champ and was off to heal. Pain meds and no rear leg didn't stop him. Even though he still had to be confined for at least three weeks until his stitches were to come out. His foster set up two playpens for him so he couldn't jump and she even slept in there with him for comfort.

When the stitches came out, he adjusted very well. He got confused for a while because his leg was gone but he has made a full recovery and has found his forever home with friends he can wrestle and play with. Scott has turned into the most fabulous cat and loves to travel and visit everyone he can. Everyone who meets him falls instantly in love. He loves the catio, his friends and everything about life. He should have met Pirelli (who came to us just 20 days earlier and left us four days later) as he taught us the same lesson!

Thank you to everyone who assisted with his recovery, surgery, pain management, donations, sharing, fundraising and much love!



## **Understanding the Art of Cat Pouncing**

During quiet evenings, when you're petting your cat and she slips into a purr-filled trance, she seems like the gentlest and most tranquil of pets. But in her hidden world — which we mostly see in the form of play for indoor cats, especially — she is actually a highly-skilled huntress ready to take down her prey at a moment's notice. That's where feline behaviors like cat pouncing come into play. Let's take a closer look at some of the reasons for cat pouncing — and how to satisfy those cat pouncing instincts for an indoor kitty. Hunting behaviors like cat pouncing are deeply ingrained in your cat's DNA, so satisfy her primal needs with environmental enrichment. Here's how.



### **Cat Pouncing Starts With the Stalk and Pounce**



You'll watch young kittens pouncing on their littermates (or whatever they deem as fun, moving targets) as a way to learn these hunting lessons. And for all cats, regardless of age, the process begins with dilated, fixed pupils and an attempt to seem as small and unnoticeable as possible. Moments before the inevitable cat pouncing comes the butt shimmy, and then the quick and powerful arc that lands her on top of her target. Job well done!

While it's great fun to encourage kittens to pounce and play with us, it's also extremely important to set ground rules early so they learn that toys are appropriate for cat pouncing and hunting play — but toes and hands are not. That tiny two-pound bundle of fur looks cute when she's stalking and biting your feet, but a pouncing cat becomes considerably less fun when she's all grown up and now weighing in at 10 pounds or more. Be sure to create house rules for a kitten that you'll expect from an adult cat.



### **Satisfying the Indoor Cat's Hunting and Pouncing Instincts**

It's obviously safer for your cat to be kept strictly indoors, and her health will definitely benefit. However, the great outdoors does hold a lot of rich and fertile opportunities for her to practice and carry out her cat hunting skills, like cat pouncing. Cat behavior problems can develop when the indoor world becomes too small, boring and devoid of the things she loves and needs to do.

"What would you do if your cat suddenly went psycho and started to attack you for no apparent reason, lying in wait and pouncing or stalking you with a faraway look reminiscent of [her] predatory cousins and ancestors?" asks noted animal behaviorist Nicholas H. Dodman, BVMS, DACVB, DACVAA.



The answer to satisfy cat pouncing and hunting instincts? Environmental enrichment. This means that you provide the things that will open up her world to allow her true cat self to flourish. Create a cozy window perch where she can comfortably watch the neighborhood birds and squirrels, and set up a vertical scratching post where she can stretch her physique and sharpen her claws. Grow some cat-safe grass so she can enjoy her very own indoor garden. Spend some time using clicker training to get her to learn tricks or behavior that you'd prefer.



### **Time to Break Out the Cat Games!**



But what might please her the most is if you make time each day for some interactive play with well-chosen cat hunting toys. A wand with a mouse at the end is something that never gets boring, even for the most jaded of felines.

A cat laser pointer is also a good choice for cats, but be careful not to shine the light into their eyes. (Caveat: This toy is not considered to be a good choice for dogs, who can become obsessively fixated on chasing the red dot.) You'll get a good opportunity to watch those cat pouncing, stalking and other hunting behaviors in all their glory. Just be sure that you intersperse it with a hunting game where she can capture her prey sometimes, too.







## **Tasty Tuna Treats**

**6 ounces undrained tuna**

**1 cup flour**

**1 cup cornmeal**

**1 egg**

**2 tsp. water**

**Preheat oven to 350 degrees.**



**Place all ingredients into mixing bowl, stir well until soft dough forms.**

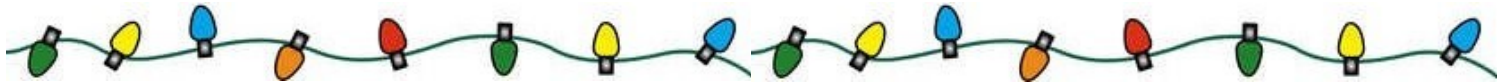
**Let dough rest for 10 minutes.**

**Cover large surface with cornmeal and roll dough out until ¼ inch thick.**

**Use either a small cookie cutter or knife to cut into shapes.**

**Place on parchment paper lined cookie sheet and bake for 15-20 minutes.**

**Let cool and serve!**



## **Volunteer Spotlight**

This edition is focused on Jen Souhrada. When asked why she volunteers, she told us this:

I have been volunteering with F.A.T. Katz from the very first day in June 2012 when we opened our doors. Being a volunteer for F.A.T. Katz is one of the biggest roller coaster rides I've had in my life. It is a great responsibility and carries with it the ups and downs of rescue.

It's caring, loving, fostering, volunteering, donating and everything we can do for our cats. There are cases of cats and kittens being picked up as strays, abused, neglected, homeless, depressed, shy, anxious, nervous, scared, confused, sad, owner surrendered, and more emotions. They depend on us for warmth, caring, care and companionship. Many times after the cats are pulled, they sleep the sleep of rescue. They eat the meal of rescue. They are so grateful for rescue. They know they are free and safe now.

There is no task too big or small. There are many opportunities to showcase everyone's talents. Everything from hands on with the cats to fundraising to cleaning to administrative tasks. Every position allows us to provide better care and the best lives for our foster cats.

F.A.T. Katz treats all of the cats as our own and takes care of them this way. We learn so much from them and receive much benefit from the cats and kittens we foster. They become part of our family all while giving them their chance at a new and better life.

Even though there is so much involved in being in rescue, highs and lows, I wouldn't trade it for anything and the love that I have received and the friendships I've made make it all worthwhile.

F.A.T. Katz, Inc., can only do the work we do with the support of our fosters, volunteers, donors, followers, and sponsors. We are always in need of quality volunteers, who believe in our mission, to join our team. Please call or email today to see how you can add your special skills to our much needed organization. 505-293-2830 or [FatKatzAbq@gmail.com](mailto:FatKatzAbq@gmail.com).

## **Fundraising always welcome!**

Want to raise funds with a lemonade stand, yard sale or car wash? Just collecting spare change? Maybe with your girl scout troop, church, friends, neighbors, etc.? If you are interested in doing an independent fundraiser, please contact us at 505-293-2830 or [FatKatzAbq@gmail.com](mailto:FatKatzAbq@gmail.com) and we can provide you with all the info you need!



**Adoption events are held  
every weekend at PetSmart,  
2100 Louisiana NE,  
Saturdays 11:30am-5pm &  
Sundays 12-5pm**

**Scott Calvin  
From Page 1**



### WISH LIST

Cat litter - non-clumping

Toys, catnip

Cat beds

Foaming, non-alcohol hand sanitizer

Copy paper, printable address labels

First-class stamps

Volunteers for adoption or special events

Sponsor a newsletter

Commercial printing services

Canned & dry foods

Antibacterial dish soap

Towels

Small garbage bags

Printer ink

Foster homes

Scratching posts, trees & cardboard scratchers

Sponsor a newspaper advertisement

Gift cards - Revival Animal, Petco, PetSmart, WalMart or Zoetis

We are an all volunteer organization so your donations go directly to the cats in our care!

Please consider becoming a member or a sponsor today!

See the membership form below!

**A huge thanks to all of our volunteers, fosters, donors, members and sponsors! If you are interested in donating, volunteering or becoming a member, please complete the form below, call 505-293-2830 or email**

**FatKatzAbq@Gmail.com**

**If you are interested in an email version of the newsletter, please email us at FatKatzAbq@Gmail.com**

**F.A.T. KATZ – P.O. Box 90394 – Albuquerque, NM 87199-0394  
505-293-2830 or FatKatzAbq@gmail.com www.Facebook.com/FatKatzAbq www.FatKatzAbq.org**

Yes, I would like to become a member of F.A.T. KATZ in the following category (checks or money orders made payable to FAT KATZ):

\_\_\_\_ Guardian Angel (\$1000 or more)

\_\_\_\_ Friend (\$100)

\_\_\_\_ Active Volunteers (\$10)

\_\_\_\_ Star (\$500)

\_\_\_\_ Sponsor or Family (\$50)

\_\_\_\_ Student, Seniors, Low Income (\$10)

\_\_\_\_ Hero (\$250)

\_\_\_\_ Individual (\$30)

\_\_\_\_ Sponsor-A-Cat, Name of cat and amount \_\_\_\_\_

See Facebook or web page for pictures and the list of adoptable cats

\_\_\_\_ Microchip program sponsor amount \_\_\_\_\_

F.A.T. KATZ also has a PayPal account! You can donate through PayPal with your credit card using our email address listed above!

You can also donate straight from your paycheck using United Way. Please visit their website <http://www.uwcnm.org/> to find out how!

\_\_\_\_ Please check here for information on volunteering or fostering - you must provide email address or phone # for this!

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ DATE: \_\_\_\_\_

F.A.T. KATZ is a registered 501(c)(3) non-profit. Your donations are tax-deductible to the fullest extent of the law.